Is the Vitalist Health Band Waterproof?

Inas B. - 2026-11-13 - Charging & Everyday Care

The Vitalist Health Band has an **IP68 water-resistance rating**. This means it is designed to withstand everyday exposure to water, such as sweat, rain, and splashes.

However, this does not mean the band is suitable for every water activity.

Can I wear the band around water?

The band can be worn during everyday activities involving:

- Sweat.
- Rain.
- Accidental splashes.

Can I wear it while swimming or bathing?

No. Do not wear the band while:

- Swimming.
- Showering or bathing.
- Using a hot tub.
- Visiting a sauna.

Avoid prolonged or high-temperature exposure to water and steam.

What should I do if the band gets wet?

If the band gets wet:

1. Remove it from your wrist if necessary.
2. Gently wipe it with a soft, dry, lint-free cloth.
3. Allow it to dry completely before charging it.

Do not connect the charging cable while the band or charging contacts are wet.

Important: Water resistance does not mean the band is waterproof under all conditions. Avoid activities and environments that are outside the everyday water exposure described above.