Who Should Speak to a Doctor Before Using the Band?

Inas B. - 2026-11-14 - Health, Safety & Support

The Vitalist Health Band is designed for everyday use by adults aged 18 and older. However, some people should speak with a doctor or healthcare professional before using it.

Please ask your doctor before wearing the band if you:

- Have a pacemaker, implanted defibrillator (ICD), or another implanted medical device.
- Have poor blood circulation in your hands or arms.
- Have a rash, wound, or other skin problem where the band will sit.
- Have known allergies or sensitivities to nylon, zinc-aluminum alloy, or polycarbonate.

Your doctor can help you decide whether wearing the band is appropriate for you.

What if I develop discomfort after I start wearing it?

Remove the band if you experience skin irritation, pain, numbness, tingling, or changes in skin colour where it touches your body.

Do not continue wearing it if the discomfort persists. Speak with a healthcare professional if you are concerned about your symptoms.

For help with the band itself, contact Vitalist Support at **support@vitalist.ca**.

Important: The Vitalist Health Band does not replace medical advice or care. If you are unsure whether it is suitable for you, speak with your doctor before using it.